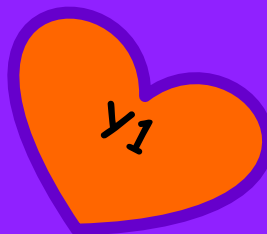




(Aut1) Responsibilities and Communities

1. Why do we need rules?
2. How do I care for living things?
3. Name 3 different jobs people do in the community.
4. How am I different from others?



(Spr2) Keeping Safe

1. Name 3 people who keep me safe.
2. How do I cross the road safely?
3. What do I do if I don't feel safe around an adult?
4. What is a secret?



(Aut 2) Emotional/ Physical Health & Wellbeing

1. Name 3 ways to keep healthy (Including sleep)
2. How do I stop germs from spreading?
3. Why do I take medicine?
4. How do I feel if someone is being horrible to me?



(Sum1) Growing and Changing

1. Name the main parts of my body.
2. Which parts of my body are private?
3. What makes me special?
4. List 3 things I like and 3 things I dislike.



(Spr1) Relationships

1. Name 4 people who care for me.
2. What makes a good friend?
3. Who can help me if I am feeling unhappy or worried?
4. How do I show respect?



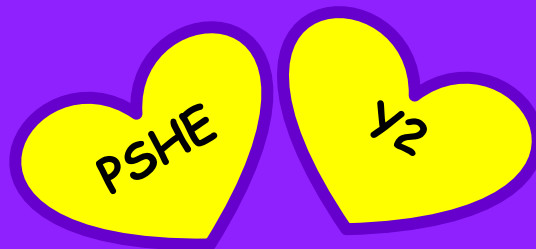
(Sum2) Media & Economic Wellbeing

1. How can I use the internet safely to find things out?
2. What is money?
3. How do people earn money?
4. Name 3 things that people spend money on.



(Aut1) Responsibilities and Communities

1. Why do I need different rules in different places?
2. List 3 things I can do to help the environment.
3. List 3 groups that I belong to
4. What is the difference between wants and needs?
5. What are my strengths?



(Aut2) Emotional/Physical Health and Wellbeing

1. Name 3 healthy foods.
2. List 3 ways to keep active.
3. How do feelings affect me?
4. How do I know how someone is feeling?
5. How do I feel when things change?



(Spr1) Relationships

1. How are some families different?
2. How can I tell if someone is feeling lonely?
3. How can I help someone who is being bullied?
4. How do I sort out arguments?



**STOP
DROP
ROLL**



(Spr2) Keeping Safe

1. List 3 things that might be unsafe in my home.
2. What is the job of the different labels on a medicine or household product?
3. How are medicines and dangerous household products kept safe in my home?
4. How do I get help in an emergency?
5. What do I do if someone is trying to make me do something that I don't want to do?



(Sum1) Growing and Changing

1. Which parts of my body are private?
2. Who can touch my body and why?
3. What do I do when I am finding things difficult?
4. How will I change as I get older?



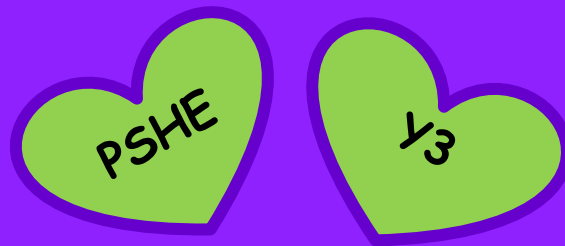
(Sum2) Media and Economic Wellbeing

1. List 3 rules that keep me safe online.
2. How do I know if a person online is telling the truth?
3. How do people keep their money safe?



(Aut1) Responsibilities and Communities

1. What happens if I do not follow rules?
2. How am I and other people responsible for looking after the environment?
3. List 4 groups that are in my community.
4. What is positive about me?



(Spr2) Keeping Safe

1. What do I do when someone has a head injury or a sting?
2. What do I do when someone touches me and I don't want them to?
3. When is it right to keep a secret?
4. Who do I ask for help when I am worried about personal safety?



(Aut2) Emotional/Physical Health and Wellbeing

1. Which 3 things make a healthy, balanced lifestyle?
2. Why is good hygiene important?
3. List 3 ways someone expresses their feelings?
4. Which strategies do I use to manage my feelings?



(Sum1) Growing and Changing

1. When can medicines be dangerous?
2. When can household products be dangerous?
3. List 3 of my personal qualities and achievements.
4. What do I do when I fail?



(Spr1) Relationships

1. List 4 types of relationships.
2. Why are friendships important?
3. What do I need to do if someone is making me feel unsafe?
4. What makes me similar and different to someone else?
5. How do I show respect for differences and similarities?



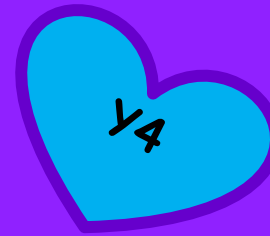
(Sum2) Media and Economic Wellbeing

1. Why do I need to keep my information private?
2. How do I report things online that make me feel unsafe?
3. List 2 positives and 2 negatives about using the internet.
4. List 3 ways to pay for things.



(Aut1) Responsibilities and Communities

1. Why do we have rules and laws?
2. What are Human Rights and why do we have them?
3. What is the difference between rights and responsibilities?
4. What is compassion and why is it important?



(Spr2) Keeping Safe

1. Why are age restrictions in place?
2. How do I recognise hazards? (near railway lines and in the home) and reduce risks?
3. What do I do when someone is bleeding or needs basic life support?
4. Why are personal boundaries and privacy important?



(Aut2) Emotional/Physical Health and Wellbeing

1. Why is the right amount of sleep important?
2. Why is oral hygiene important?
3. What do I do to look after my mental health?
4. How do I respond to different feelings?
5. How do I respond to hurtful behaviour?



(Sum1) Growing and Changing

1. What could stop me from making healthy choices?
2. Why is it important to take medicines correctly?
3. What makes up my identity?
4. Why are personal strengths important to my wellbeing?



(Spr1) Relationships

1. What does commitment mean in a relationship?
2. What makes a family?
3. List 4 things that you need for a positive friendship.
4. How does my behaviour affect others?
5. How do I show I respect a different point of view?



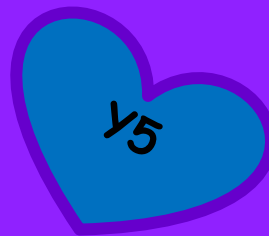
(Sum2) Media and Economic Wellbeing

1. How do I know that information on the internet is reliable?
2. How is information and data shared on the internet?
3. What affects people's spending decisions?
4. List 5 different careers that people choose to do.



(Aut1) Responsibilities and Communities

1. What are the consequences of not following laws?
2. How do people's choices affect the environment?
3. What is diversity?
4. How can stereotyping affect how I think?



(Spr2) Keeping Safe

1. How do I keep safe in my community?
2. How do I recognise risks, harmful content and contact online?
3. What do I do when someone is having an asthma attack?
4. How do I get advice and report personal safety concerns?



(Aut2) Emotional/Physical Health and Wellbeing

1. How do habits affect my lifestyle?
2. What makes up a healthy diet and what are the effects of not eating healthily?
3. How do my actions affect my mental health?
4. How do I express my feelings and emotions?
5. What strategies can I use to deal with emotions and challenges?



(Sum1) Growing and Changing

1. What is the difference between gender and gender identity?
2. How does my body change during puberty?
3. Why is hygiene important during puberty?
4. What are the risks and effects of legal drugs?
5. Why do people use legal drugs?



(Spr1) Relationships

1. What are the risks of communicating online?
2. Which strategies can I use to manage peer pressure?
3. How does self-respect affect how I feel about myself?
4. How do I respond to differences?



(Sum2) Media and Economic Wellbeing

1. How is information used and shared on the internet?
2. Why is it unsafe to share images on social media?
3. Why do some people spend their money and some people save it?
4. What makes something good value for money?
5. Why could the money that you have, be at risk?

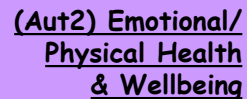


1. What is anti-social behaviour?
2. Why are human rights important?
3. Give 3 ways I can show care and concern/compassion for others.
4. What is prejudice and what would I do if I experienced it?



(Spr2) Keeping Safe

1. What would I do if someone was choking?
2. What would I do if someone had a head injury?
3. Give 3 examples of illegal drugs and their risks
4. Name 3 organisations that can support people with their drug habit.



1. What are the risks associated with an inactive lifestyle?
2. Give an example of a warning sign that shows someone's mental health is at risk.
3. What would I do if I witnessed someone being harassed?
4. What does 'discrimination' mean and how do I challenge it?



(Sum1) Growing and Changing

1. How are babies conceived? (Use the correct vocabulary)
2. Describe the link between puberty and human reproduction using the correct vocabulary.
3. What strategies would I use to cope with a setback or failure?
4. Give examples of new responsibilities/opportunities that come with more independence.



1. What is gender and identity?
2. What should someone do if they do not consent?
3. What should I do if a family relationship is making me feel unsafe?
4. What are the benefits of having different types of friends?
5. List 3 rules for debating issues respectfully.



(Sum2) Media & Economic Wellbeing



1. How can text and images be manipulated on social media?
2. What are the risks involved in gambling?
3. How can money affect people's feelings?
4. How can a stereotype affect a person's career aspirations?
5. Name 3 things that might influence a person's decision about a job/career?